

BREAKFAST

GOOD MORNING, SUNSHINE!

BAKED OATMEAL - SERVED WITH MILK... 5.75

STRAWBERRIES & CREAM • BLUEBERRY • **GF** HONEY

AVO EGG TOAST... 6.95

**MULTI-GRAIN TOAST, AVOCADO SLICES, OVER LIGHT EGG, SPINACH, AND SWEET SRIRACHA

****GF** BREAKFAST SAUSAGE BOWL... 11.35**

*ANCIENT GRAINS, BROWN RICE, ROASTED MUSHROOMS, SAUSAGE, KALE, TOMATOES, AND PARMESAN CHEESE. TOPPED WITH TWO OVER EASY EGGS.

BUTTERMILK PANCAKES... 6.50

FLUFFY BUTTERMILK PANCAKES, A TIMELESS FAVORITE

GF AVAILABLE UPON REQUEST ...7.55

MAPLE & SPICE FRENCH TOAST... 8.45

BRIOCHE BREAD DIPPED IN MAPLE SPICE BATTER, CINNAMON HONEY BUTTER AND FRESH BERRY GARNISH

MONTE CRISTO... 10.25

BRIOCHE FRENCH TOAST, HAM, SWISS CHEESE AND RASPBERRY HONEY MUSTARD

PIES

SIGNATURE PIES ARE SERVED WARM WITH FRESH GREENS AND A SAVORY HERB SCONES

ADD BUTTERNUT SQUASH, ROSEMARY POTATOES, FRUIT OR CHIA PUDDING... 3.25

TOMATO PIE... 7.95

SIGNATURE TOMATO PIE

DOUBLE...13.25 • **GF** GLUTEN-FREE... 9.35

QUICHE... 8.50

BAKED IN OUR OWN PIE SHELL

THREE CHEESE • FEATURED

THIS AND THAT

MUFFINS... 3.50

LEMON POPPYSEED • COFFEE CAKE • BLUEBERRY LEMON CURD

CHOCOLATE ESPRESSO SCONES... 3.65

TROPICAL CHIA PUDDING WITH GRANOLA... 4.85 / 6.65

SEASONAL FRUIT... 5.50

BACON... 2.95

ROSEMARY POTATOES... 3.50

CHICKEN FETA SAUSAGE... 3.50

PARMESAN GRIT CAKE... 3.25

PURE MAPLE SYRUP... 1.25

ROASTED BUTTERNUT SQUASH... 3.50

TOAST WITH AVOCADO... 5.35

V VEGAN • **GF** GLUTEN-FREE

DESPITE OUR CAREFUL PRECAUTIONS, WE ARE NOT A GLUTEN-FREE FACILITY

**CONSUMING RAW OR UNCOOKED MEATS, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS

GOLDEN EGG

3 EGG FLIPPERS SERVED WITH TOAST AND CHOICE OF ONE:
BUTTERNUT SQUASH, GRIT CAKES, ROSEMARY POTATOES, FRUIT, OR CHIA PUDDING.

TOMATO PIE FLIPPER... 9.35

OUR SIGNATURE TOMATO PIE GOODNESS INSIDE FLIP STYLE EGGS.
ADD ROASTED GARLIC MUSHROOMS...0.75

TRIPLE MEAT FLIPPER... 10.95

HAM, BACON, SAUSAGE, MONTEREY JACK, AND CHEDDAR CHEESE.

VEGGIE FLIPPER... 9.85

SPINACH, ROASTED RED PEPPERS, PICKLED RED ONIONS, MUSHROOMS, AND CHEDDAR CHEESE.

CALI KETO FLIPPER... 10.90

BACON, HAM, FETA, SPINACH, AVOCADO AND CILANTRO LIME SAUCE.

CLASSIC EGG DISH... 6.85

**TWO EGGS SERVED WITH TOAST AND ONE SIDE.

PHILLY CHEESESTEAK HASH... 10.65

SHAVED ROAST BEEF, ONIONS, BELL PEPPERS, POTATOES AND CHEESE.
TOPPED WITH TWO EGGS AND CHOICE OF TOAST (NO SIDES)

SAUSAGE & SQUASH HASH... 10.40

*SEASONED SAUSAGE, ROASTED BUTTERNUT SQUASH, AND ROSEMARY POTATO HASH.
TOPPED WITH TWO EGGS. SERVED WITH TOAST (NO SIDES)

TOAST CHOICES: SOURDOUGH OR MULTI-GRAIN...1.65

GF GLUTEN-FREE BREAD... 1.65

BREAKFAST HANDHELDS

ADD: BUTTERNUT SQUASH, GRIT CAKES, ROSEMARY POTATOES, FRUIT, OR CHIA PUDDING... 3.25

EGG & HAM PANINI... 7.50

EGGS AND HAM LAYERED WITH CHEDDAR, ON PRESSED CIABATTA BREAD.
SERVED WITH SIDE OF PESTO MAYO.

PRETZEL BREAKFAST SANDWICH... 7.90

GRILLED PRETZEL BUN WITH TWO FRIED EGGS, CHEDDAR, BACON,
SPINACH, AND RASPBERRY HONEY MUSTARD OR SWEET SRIRACHA SAUCE.

SAUSAGE EGG WRAP... 7.10

EGGS, HERB SEASONED SAUSAGE, MONTEREY AND CHEDDAR CHEESE.
SERVED WITH A SIDE OF PESTO MAYO.

GF GLUTEN-FREE BREAD...1.65